

PROMOTIONS: JAN - JUN 2019

02

Promotions

MONTH

Page	Promotion
184	Bear: 15% off the whole range
94	Belvoir: 15% off all 250ml & 750ml Light Presses
179	Chocca Mocca: 4 for 3 on 100g
59	Drink Me Chai: 20% off Superblends
150	Emily Crisps: 25% off the whole range
157	Flower & White: 15% off Meringue Bars
204	Kabuto: 20% off the whole range
124	Mr Filbert's: 3 for 2 on pumpkin seeds
124	Mr Filbert's: 20% off olive snacks
189	Mr Organic: 20% off pasta Sauces
178	Natural Candy Shop: 4 for 3 on candy sticks
16	Olina's Bakehouse: 20% off the whole range
72	One: 5 for 4 on flavoured waters and juices
230	Potts': 5 for 4 across the range
183	Pumpkin Tree Organics: 20% off the whole range
239	Rubies In The Rubble: 20% off Rtr31 & Rtr32
68	Rude Health: 20% off drinks
236	Sauce Shop: 20% off the whole range
137	Savoursmith: Save 20% when you buy 10 cases or more
146	Scrubby's: 20% off sharing bags
249	Sunita: 25% off lemon & lime juices
209	Truffle Hunter: 3 for 2 on Black Truffle Hunter
222	Very Lazy: 15% off the whole range
131	Well & Truly: 20% off the whole range
123	Zeina: 4 for 3 across the range

JANUARY

MONTH

Page	Promotion
32	Belgian Boys: 20% off the whole range
94	Belvoir: 20% off new lines
42	Border Biscuits: 5 for 4 on the cookie range
144	Brown Bag Crisps: 20% off the whole range
191	Casalinga: 10% off tomato based products
179	Chocca Mocca: 4 for 3 on drinking chocolate
92	Dalston's: 25% off the whole range
59	Drink Me Chai: 20% off Superblends
227	Drogheria & Alimentari: 20% off the whole range
229	Eat17: 25% off the whole range
235	Foraging Fox: 20% off the whole range
224	Gordon Rhodes: 20% off meatball kits
199	Holy Cow: 20% off the whole range
40	Honeyrose: 20% off the whole range
153	I Love Snacks: 15% off the whole range
222	Just a Splash: 20% off the whole range & free CDU with orders over £100
204	Kabuto: 20% off the whole range
43	Kent & Fraser: 20% off the whole range
193	Liquori: 10% off the whole range
134	Manomasa: 30% off the whole range

FEBRUARY

MONTH

Page	Promotion
130	Mister Freed: 20% off the whole range
12	The Ministers of Taste: 20% off confectionery
124	Mr Filbert's: 20% off salami snacks
189	Mr Organic: 20% off tinned tomatoes
185	Naturelly: 25% off 100g pouches
72	One: 5 for 4 on flavoured waters and juices
155	Protein Ball Co: 20% off the whole range
117	Ridgeway Brewery: 20% off the whole range
232	Senor Jalapeno: 20% off the whole range
249	Sunita: 25% off lemon & lime juices
171	Tony's Choclonely: 20% off the whole range
74	Waterworks: 20% off the whole range
133	Xochitl: 15% off the whole range
123	Zeina: 4 for 3 across the range

CONTINUED...

FEB

MONTH

Page	Promotion
62	Ahmad Tea: 20% off the pyramid range
94	Belvoir: 15% off 500ml cordials
42	Border Biscuits: 5 for 4 on Chocolate Gingers & Sharing Pack
114	Celtic Marches: Buy 5 cases across the range and get a case of Thundering Molly free
129	Cleaver & Keg: 10% off the whole range
140	Corker Crisps: 25% off the whole range
159	Cotswold Fudge: 15% off butterscotch fudge
222	Crespo: 20% off the whole range
16	Easy Bean: 20% off crispbreads & crackers
86	Folkingtons: 5 for 4 on pineapple juice
84, 104	Franklin & Sons: 20% off 275ml & 200ml bottles
194	Garofalo: 20% off the whole range
29	Great British Biscotti: 25% off the whole range
250	Hilltop Honey: 15% off the organic range
222	Just a Splash: 20% off the whole range & free CDU with orders over £100
204	Kabuto: 20% off the whole range
81	Lo Bros: 4 for 3 across the range
96	Luscombe: 20% off 270ml & 740ml bottles
185	Natural Candy Shop: 4 for 3 on candy bags
98	Nix & Kix: 20% off 330ml & 250ml cans
72	One: 5 for 4 on flavoured waters and juices
207	Pelagonia: 20% off the whole range
22	Peter's Yard: 20% off selected crispbreads (Pya01, Pya08, Pya13, Pya14, Pya18)
166	Prestat: 6 for 5 across Ruby range, 175g Truffles & Wafers 200g
253	Rude Health: 20% off granola, museli & light cereals
137	Savoursmith: Save 20% when you buy 10 cases or more
197	Seasoned Pioneers: 6 for 5 across the range
58	Sloane's: 15% off selected lines (Shc01, Shc02, Shc03, Shc04, Shc05)
30	Thomas Fudge's: 15% off florentines & biscuits for cheese
209	Truffle Hunter: 20% off the whole range
31	Van Strein: 15% off the whole range
73	What A Melon: 3 for 2 across the range
133	Xochitl: 15% off the whole range
123	Zeina: 4 for 3 across the range

MARCH

MONTH

Page	Promotion
78	Ahmad Tea: 20% off the cold brew range
94	Belvoir: 5 for 4 on craft mixers & 20% off 250ml presse cans & 250ml new products
181	Biscuit Bakers: 20% off assorted farmyard range
44	Border Biscuits: 5 for 4 on the classic range
191	Casalinga: 10% off antipasti & olives
82	Cawston Press: 20% off Cawston Dry
121	Cheeky P's: 15% off the whole range
61	Cotswold Meringues: 15% off the whole range
92	Dalston's: 25% off the whole range
100	Fentimans: 5 for 4 on 275ml & 125ml bottles & 150ml & 250ml cans
87	Fiovana: 20% off the whole range
56	Flower & White: 15% off giant loose, giant pack of 2 & drops
86	Folkingtons: 20% off 1L juices
235	The Foraging Fox: 20% off the whole range
153	I Love Snacks: 15% off the whole range
66	Jimmy's Iced Coffee: 20% off the whole range
222	Just a Splash: 20% off the whole range & free CDU with orders over £100
80	Kineta: 10% off the whole range
134	Manomasa: 30% off the whole range
220	Mary Berry's: 20% off the whole range
161	Mighty Fine: 20% off the whole range
124	Mr Filbert's: 20% off the olives and nuts (excluding Fff84)
189	Mr Organic: 15% off classic ketchup, passata & puree
189	Mr Organic: 20% off tinned beans and lentils
185	Naturelly: 25% off 100g pouches
16	Olina's Bakehouse: 20% off the whole range
118	Perry's Farmhouse Cider: 20% off the whole range
138	Pipers: 20% off the whole range
166	Prestat: 6 for 5 across Ruby range, 175g Truffles & Wafers 200g
183	Pumpkin Tree Organics: 20% off the whole range
236	Sauce Shop: 20% off the whole range
131	Well & Truly: 20% off the whole range

APRIL

MONTH

Page	Promotion
62	Ahmad Tea: 20% off the pyramid range
211	Artisan Grains: 15% off grains, sees & pulses
184	Bear: 15% off the whole range
94	Belvoir: 20% off 750ml presse
27	Buiteman: 20% off the whole range
15, 191	Casalinga: 10% off pesto & bruchetta
229	Eat17: 25% off the whole range
150	Emily Crisps: 25% off the whole range
102	Fever-Tree: 20% off 500ml bottles & 200ml four packs
153	Forest Feast: 20% off the whole range
84, 104	Franklin & Sons: 20% off 275ml & 200ml bottles
233	Gran Luchito: 20% off the whole range
51	Great British Porridge Co: 20% off the whole range
38	Honeyrose: 20% off the whole range
232	Kankun: 20% off the whole range
43	Kent & Fraser: 20% off the whole range

MAY

MONTH

Page	Promotion
200	Kikkoman: 25% off the whole range
237	Manfood: 20% off the smoked range
189	Mr Organic: 15% off pasta sauces
187	Mr Organic: 20% off kids pasta sauces
189	Mr Organic: 25% off pesto
155	Protein Ball Co: 20% off the whole range
22	Rude Health: 20% off crackers & oaties
146	Scrubby's: 20% off sharing bags
146	The Food Doctor: 20% off the whole range
74	Vivalicious: 20% off the whole range
133	Xochitl: 15% off the whole range

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MAY

MONTH

Page	Promotion
78	Ahmad Tea: 20% off the cold brew range
94	Belvoir: 20% off 500ml cordials
144	Brown Bag Crisps: 20% off the whole range
82, 185	Cawston Press: 20% off dry, cans, 1L cartons & kids fruit waters
206	Cooks & Co: 15% off the whole range
92	Dalston's: 25% off the whole range
86	Folkingtons: 5 for 4 on pineapple juice
234	Foraging Fox: 20% off the whole range
29	Great British Biscotti: 25% off the whole range
41	Island Bakery Organics: 10% off the whole range
66	Jimmy's Iced Coffee: 20% off the whole range
96	Luscombe: 20% off 270ml bottles
134	Manomasa: 30% off the whole range
218	Mellow Yellow: 20% off the whole range
160	Melting Pot Fudge: 15% off the mixed case of traditional fudge
124	Mr Filbert's: 20% off pumpkin seeds, salami snacks & Adnams (Fff84)
189	Mr Organic: 15% off tinned tomatoes
185	Naturelly: 25% off 100g pouches
98	Nix & Kix: 20% off 250ml cans
72	One: 5 for 4 on flavoured waters and juices
118	Perry's Farmhouse Cider: 20% off the whole range
230	Potts': 5 for 4 across the range
183	Pumpkin Tree Organics: 20% off the whole range
137	Savoursmith: Save 20% when you buy 10 cases or more
127	Speyside Smokehouse: 20% off the whole range
226	Terramezzo: 10% off tall & premium range
209	Truffle Hunter: 20% off the whole range
123	Zeina: 4 for 3 across the range

JUNE

03

Promotions



Look out for our partner suppliers that are, like us, a certified B-Corporation. These suppliers are highlighted in the catalogue with this symbol beside them.